Fifth Sunday of Lent

Prayer of Spiritual Communion

My Jesus,

I believe that You are present in the Most Holy Sacrament. I love You above all things, and I desire to receive You into my soul. Since I cannot at this moment receive You sacramentally, come at least spiritually into my heart. I embrace You as if You were already there and unite myself wholly to You. Never permit me to be separated from You. Amen.

I encourage all of you during this Season of Lent to take up this practice of making a Spiritual Communion. Perhaps each Sunday morning you can gather as a family. Mom or Dad or one of the children can read the readings of the day, then all together the family can recite the prayer of Spiritual Communion.

Here are the readings for this upcoming Sunday, the Fifth Sunday of Lent.

First Reading from the book of Ezekiel

Thus, says the Lord GOD:

O my people, I will open your graves
and have you rise from them,
and bring you back to the land of Israel.

Then you shall know that I am the LORD, when I open your graves and have you rise from them, O my people!

I will put my spirit in you that you may live, and I will settle you upon your land; thus you shall know that I am the LORD. I have promised, and I will do it, says the LORD.

The Word of the Lord. Thanks be to God.

Responsorial Psalm

R. With the Lord there is mercy and fullness of redemption.

Out of the depths I cry to you, O LORD; LORD, hear my voice! Let your ears be attentive to my voice in supplication.

R. With the Lord there is mercy and fullness of redemption.

If you, O LORD, mark iniquities, LORD, who can stand?
But with you is forgiveness, that you may be revered.

R. With the Lord there is mercy and fullness of redemption.

I trust in the LORD; my soul trusts in his word. More than sentinels wait for the dawn, let Israel wait for the LORD.

R. With the Lord there is mercy and fullness of redemption.

For with the LORD is kindness and with him is plenteous redemption; And he will redeem Israel from all their iniquities.

R. With the Lord there is mercy and fullness of redemption.

Second Reading from Paul's Letter to the Romans

Brothers and sisters:

Those who are in the flesh cannot please God. But you are not in the flesh; on the contrary, you are in the spirit, if only the Spirit of God dwells in you.

Whoever does not have the Spirit of Christ does not belong to him. But if Christ is in you,

although the body is dead because of sin, the spirit is alive because of righteousness.

If the Spirit of the one who raised Jesus from the dead dwells in you, the one who raised Christ from the dead will give life to your mortal bodies also, through his Spirit dwelling in you.

The Word of the Lord. Thanks be to God.

Verse Before The Gospel

I am the resurrection and the life, says the Lord; whoever believes in me, even if he dies, will never die.

A Reading from the Holy Gospel According to John

The sisters of Lazarus sent word to Jesus, saying, "Master, the one you love is ill."
When Jesus heard this he said, "This illness is not to end in death, but is for the glory of God, that the Son of God may be glorified through it."

Now Jesus loved Martha and her sister and Lazarus. So when he heard that he was ill, he remained for two days in the place where he was. Then after this he said to his disciples, "Let us go back to Judea."

When Jesus arrived, he found that Lazarus had already been in the tomb for four days. When Martha heard that Jesus was coming, she went to meet him; but Mary sat at home.

Martha said to Jesus,
"Lord, if you had been here,
my brother would not have died.
But even now I know that whatever you ask of God,
God will give you."

Jesus said to her, Your brother will rise." Martha said, "I know he will rise, in the resurrection on the last day."

Jesus told her,
"I am the resurrection and the life;
whoever believes in me, even if he dies, will live,
and everyone who lives and believes in me will never die.
Do you believe this?"

She said to him, "Yes, Lord.

I have come to believe that you are the Christ, the Son of God, the one who is coming into the world."

He became perturbed and deeply troubled, and said, "Where have you laid him?"
They said to him, "Sir, come and see."
And Jesus wept.

So the Jews said, "See how he loved him."
But some of them said,
"Could not the one who opened the eyes of the blind man have done something so that this man would not have died?"

So Jesus, perturbed again, came to the tomb. It was a cave, and a stone lay across it. Jesus said, "Take away the stone." Martha, the dead man's sister, said to him, "Lord, by now there will be a stench; he has been dead for four days."

Jesus said to her,
"Did I not tell you that if you believe
you will see the glory of God?"
So they took away the stone.
And Jesus raised his eyes and said,
"Father, I thank you for hearing me.
I know that you always hear me;
but because of the crowd here I have said this,
that they may believe that you sent me."
And when he had said this,
He cried out in a loud voice,
"Lazarus, come out!"
The dead man came out,
tied hand and foot with burial bands,
and his face was wrapped in a cloth.

So Jesus said to them,
"Untie him and let him go."
Now many of the Jews who had come to Mary
and seen what he had done began to believe in him.

The Gospel of the Lord. Praise to You, Lord Jesus Christ.